

## CAFÉ Strategy: Reread Text

Have you ever heard someone read choppy and without expression? Broken reading is often hard to listen to, sounds awkward, and decreases comprehension. A fluent reader, on the other hand, reads accurately and with expression. The text flows with appropriate speed so the reader is able to understand what is being read. Many times children who struggle with fluency lose interest and do not want to read.

Does your child read slowly? Does he read choppy and often lose track of his place when reading? Does she lack expression? Does your child often get frustrated when reading and quit?

If any of the above are true, **rereading text** is an excellent strategy to help your child gain fluency and confidence when reading.

## How can you help your child with this strategy at home?

- 1. Have your child choose a different paragraph from the story they are reading each day. Have them reread that paragraph until they can read it smoothly, with expression, and read all the words correctly. This practice doesn't take long, only five to eight minutes each day.
- Remind your child that he/she must be reading from a good-fit book. If the book is too difficult, your child's energy will be spent on decoding words and not on fluent reading.
- 3. Model what fluent reading sounds like by reading aloud to your child. Then, have your child reread a paragraph they have heard you read.

As always, be sure to continue to offer your child support & encouragement!

## Thank you for your continued support at home!

Ideas and strategies are taken from : The CAFE Book, written by Gail Boushey & Joan Moser
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